

# Unit 1



## Fish and Chips

### A Reading Comprehension 2

For many people fish and chips are the most famous British dish. This refers to fish, usually cod or haddock, which is coated in batter and then deep fried. The batter gives the fish a wonderful golden, slightly crunchy ‘coat’. The chips are usually fatter than their counterparts known as  
5 French fries elsewhere. Some people like to eat peas with their fish and chips. Often the peas are cooked until they are very soft, and then they are known as ‘mushy peas’. Quite often bread and butter are served as an accompaniment to fish and chips. The usual seasoning for fish and chips is just salt and vinegar.

10 Fish and chips originated in Britain at the beginning of the nineteenth century. But fried fish and fried potatoes had been served separately for many years before someone had the bright idea of putting the two together to make fish and chips.  
15 The idea was an instant hit, and today fish and chips seem a natural pair of foods like eggs and bacon and curry and rice. At one time every  
20 neighbourhood in Britain had its fish-and-chip shop, usually known simply as the chip shop or ‘chippie’. Until not too  
25 long ago, fish and chips were wrapped up in layers of newspaper to keep them hot for people taking them home. This



practice has now stopped, however, as it is no longer considered to be hygienic.

Fish and chips used to be a cheap meal enjoyed by everyone, but now cod and haddock, which were once so plentiful in the seas around Britain, have been so overfished that there are severe restrictions on the numbers which may be caught. This has meant that fish and chips have shot up in cost. Also, tastes are changing, and a lot of people now think that fried foods like fish and chips are a bit unhealthy. But still, for a lot of British people, fish and chips are a nostalgic meal, reminding them of their childhood perhaps, when a day out to the seaside would not have been complete without eating fish and chips!

### Exercise 1

Reading Comprehensionの内容と合っている場合は T (True) を、合っていない場合は F (False) を記入しましょう。

- ( ) The writer says British chips are usually crunchier than their counterparts, French fries.
- ( ) People had been cooking fried fish and fried potatoes long before they combined them in fish and chips.
- ( ) Fish-and-chip shop, chip shop and 'chippie' all mean the same thing.
- ( ) The writer says that there are strict fishing controls in the seas around Britain.
- ( ) The writer says the only place a person can eat fish and chips today is at the seaside.

### Notes

**cod or haddock** 「鱈あるいはコダラ」 **is coated in batter** 「衣をつけて」 **fatter than . . .** 「～より油っこい」 **their counterparts** 「それらと同様のもの」 **'mushy peas'** 「茹でてつぶした豆料理」 **are served as an accompaniment to . . .** 「～の付け合わせとして出される」 **seasoning** 「味付け」 **originated in . . .** 「～に始まる」 **putting the two together** 「このふたつを合わせて」 **a natural pair of . . .** 「～のうってつけの組み合わせ」 **At one time** 「昔」 **were wrapped up in** 「～で包んで」 **to keep them hot** 「それらを出来立てのまままで」 **used to be . . .** 「むかしは～だった」 **plentiful** 「豊富な」 **so overfished that** 「乱獲の結果」 **nostalgic** 「郷愁をそそる」 **reminding them of . . .** 「かれらに～を思い起こさせる」 **a day out to the seaside** 「海辺の日帰り小旅行」 **would not have been complete without . . .** 「～なければ、物足りないと感じずにはいられない」

## Exercise 2

Reading Comprehensionにある英語表現について、下線部と同じ意味になるものを a. b. c. の中から選びましょう。

1. which is coated in batter  
a. cooked                      b. covered                      c. eaten
2. are served as an accompaniment to fish and chips  
a. on the same plate as  
b. as an alternative to  
c. as a side order with
3. someone had the bright idea  
a. the excellent idea    b. the clear idea                      c. the only idea
4. it is no longer considered to be hygienic  
a. practical                      b. healthy                      c. cost-effective
5. fish and chips have shot up in cost  
a. remained the same price  
b. become cheaper  
c. become much more expensive

## Exercise 3

( ) 内の語句を適切な語順に並べ、英文を完成させましょう。ただし、文頭に  
来る語も小文字で与えてあります。

1. Some people like tomato ketchup with fish and chips, \_\_\_\_\_  
\_\_\_\_\_. (and, but, I, prefer, salt, vinegar)
2. We have some of your favourite dishes on the menu today: fish and  
\_\_\_\_\_ bacon.  
(and, and, and, chips, curry, eggs, rice)
3. \_\_\_\_\_ to wrap fish and chips  
up in newspaper. (at, one, shops, some, time, used)
4. Cod and haddock were once found in large \_\_\_\_\_  
\_\_\_\_\_. (around, Britain, in, numbers, seas, the)
5. If you had \_\_\_\_\_, what  
would you choose? (dish, famous, Japanese, most, name, the, to)

## B Dialogue

**Exercise 4** A 次の会話の音声を聴いて、下線部に入る語句を書き取りましょう。

Track 3

*Hiroko and Peter are feeling hungry.*

Peter: I'm feeling hungry.

Hiroko: Me too. I only had a sandwich to eat at lunchtime, <sup>1</sup> \_\_\_\_\_  
\_\_\_\_\_.

Peter: I really fancy some old-fashioned fish and chips and 'mushy peas'.

Hiroko: 'Mushy peas'—what's that?

Peter: Well, <sup>2</sup> \_\_\_\_\_. I like them a lot.

Hiroko: Do we <sup>3</sup> \_\_\_\_\_?

Peter: On no, you can't do that. Only the pizza <sup>4</sup> \_\_\_\_\_  
\_\_\_\_\_. No, we'll go down to the chip shop and either eat some-  
thing there or bring some <sup>5</sup> \_\_\_\_\_.

Hiroko: That sounds good to me. I can hardly wait.

**Exercise 5** B 質問を聴きとってAの会話に関する適切な答えを選びましょう。

Track 4

1. \_\_\_\_\_?  
a. Just Peter                      b. Peter and Hiroko                      c. Only Hiroko

2. \_\_\_\_\_?  
a. They are not as good as pizzas.  
b. They are best cooked at home.  
c. They are a traditional meal.

3. \_\_\_\_\_?  
a. 'Mushy peas'                      b. Fish and chips                      c. Pizza

4. \_\_\_\_\_?  
a. The fish-and-chip shop  
b. The pizza place  
c. Both the fish-and-chip shop and the pizza place

5. \_\_\_\_\_?  
a. To eat at the fish-and-chip shop  
b. To take the fish and chips away  
c. They have not made up their mind.